



PLAYGROUNDS

Playgrounds can be in schools, public places or parks or home backyards. They are places where you can make noise and have heaps of fun with your friends.

But you can also be hurt if you do not know about some common hazards and look out for them. ThinkSafe SAM will show you some playground hazards and how to play safely

When you are playing in school or public playgrounds or in a home backyard watch out for:

1. Things you could fall off, like monkey bars or climbing frames
2. Uneven ground or wet grass that is slippery
3. Broken or damaged play equipment
4. Broken glass
5. Loose clothing, or clothing with drawstrings
6. Stacked materials, like wood piles in backyards or pipes in public places
7. Other kids when you are jumping off equipment, on a slide or swing, swinging a bat or throwing a ball
8. Pushing or shoving other kids while playing
9. Poisons like pesticides, fertilizers and some paints, or things in unmarked bottles, jars or packets
10. Gardening tools like spades, forks and rakes
11. The hot sun
12. Spiders and insects like ants or bees

Spot the hazard	Assess the risk	Make the changes
Things you could fall off, like monkey bars or climbing frames	If you fall, you could graze yourself, hurt your head or break some bones	Look out for others when playing on monkey bars or climbing frames
Uneven ground or wet grass that is slippery.	You could trip or slip and hurt yourself	Watch out for wet or slippery surfaces and walk don't run
Broken or damaged play equipment	You could fall or cut yourself	Don't play on it, and tell an adult
Broken glass	It could cause a nasty cut	Look out for broken glass and wear shoes in public places
Loose clothing, or clothing with drawstrings	It could catch on something or you could get stuck or choke	Wear close fitting clothing without drawstrings
Stacked materials, like wood piles in backyards or pipes in public places	Someone could be badly hurt They could topple over if you climb on them and there may be splinters, nails or spiders	Don't play on them

Other kids when you are jumping off equipment, on a slide or swing, swinging a bat or throwing a ball	Someone could hurt their head or break bones	Look out for other kids <u>before</u> you jump, slide, swing, use a bat or throw a ball
Pushing or shoving other kids while playing	Someone could be hurt badly	Do not push or treat other kids roughly
Poisons like pesticides, fertilizers and some paints, or things in unmarked bottles, jars or packets	If you touch, swallow or breathe fumes from them, they can be very poisonous or make you very sick or burn your skin	Never touch poisons or things in unmarked bottles jars or packets You don't know what's in them and they could be very poisonous Tell an adult about them
Gardening tools like spades, forks and rakes	You could cut yourself	Do not play with them They should be put away when not being used
The hot sun	It can burn you or make you very, thirsty and sick	Wear a hat and sunscreen and drink lots of water
Spiders and insects like ants or bees	They can cause nasty bites and stings	Never touch them