



AT HOME

GENERAL

Your home is a special place. It is a place you should feel loved and safe as well as a place to have fun with your friends.

ThinkSafe SAM will show you some common hazards found in the home and tell you what you can do to help make them safer.

Emergency services

Do you know the emergency number to ring if something happened like a fire, or someone being badly hurt in your home? You can waste precious time if you don't know how to call for help.

The emergency number is 000

You will need to tell the emergency services operator who answers the phone what service you need – **POLICE** or **FIRE** or **AMBULANCE**.

You will then need to tell the emergency service what is wrong and tell them your **name**, **address** and **telephone number**

Watch out for hazards around the home, such as:

1. Electricity used anywhere in the home and electrical things that blow fuses, overheat or spark
2. Heaters and fireplaces without guards or where curtains and furniture are too close
3. Objects stored on high shelves
4. Unstable furniture or shelves
5. Poisons such as medicines, cleaning products, garden sprays, fertilizers and pool chemicals
6. Sharp objects and tools such as knives, scissors, saws, screw drivers and chisels

Spot the hazard	Assess the risk	Make the changes
Electricity and electrical things	Can cause electric shock, electrocution or start a fire	Turn off electrical appliances when not in use and before unplugging them. Hold the plug and not the cord when unplugging them Make sure your hands are dry when touching or handling them An adult should get a licensed electrician to fit an electrical safety switch to the meter or use plug-in safety switches if there is not one in place

Heaters and fireplaces	Can cause burns or fires to start	Keep heaters away from furniture and curtains Get an adult to fit a protective screen around the heater or fireplace Get an adult to fit smoke detectors in your home Find information from www.fesa.wa.gov.au on fitting, maintaining and using smoke detectors
Objects stored on high shelves	Things could fall down on top of you causing bruises or head injuries	Don't climb on shelves or chairs to reach things
Unstable furniture or shelves	Could topple onto you and cause head injuries or broken bones	Ask an adult to check that shelving and furniture are stable
Poisons	Can make you very sick, hurt your eyes or cause skin burns or rashes	Put them away out of reach or in childproof cupboards
Sharp objects and tools	You could be cut, stabbed or get eye injuries	Only use sharp objects for the correct purpose and put them away when not in use

KITCHEN

SAM will show you some common hazards found in the kitchen and tell you what you can do to help make them safer.

When you are in the kitchen watch out for:

1. Poisons such as cleaning products, dishwashing liquid or insect sprays left in reach
2. Saucepan handles facing out on the stove or a cupboard or kettles with boiling or hot water
3. Electric toaster left out
4. Oven or dishwasher not firmly fixed in place
5. Sharp knives
6. Matches or other things to light the fire
7. Plastic bags or plastic wrap
8. Damaged electrical cords or loose plugs

Spot the hazard	Assess the risk	Make the changes
Poisons such as cleaning products, dishwashing liquid or insect sprays left in reach	Can make you very sick, hurt your eyes or cause skin burns or rashes	Put them away out of reach or in childproof cupboards
Saucepan handles facing out on the stove or a cupboard or kettles with boiling or hot water	You could get bad burns or scalds	Keep saucepan handles and kettles away from the edge
Electric toaster left out	You could get an electric shock	You might need an adult to help you make toast and toasters should be put away out of reach when not in use
Oven or dishwasher not firmly fixed in place	If not firmly fixed could fall onto you	Ask an adult to make sure they are firmly fixed in place
Sharp knives	You could get a nasty cut	Put knives away out of reach or in childproof cupboards
Matches or other things to light the fire	You could get burnt and cause a fire	Put matches away out of reach or in childproof cupboards
Plastic bags or plastic wrap	They can cause suffocation	Put plastic bags and wraps away out of reach or in childproof cupboards
Damaged electrical cords or loose plugs	Could cause an electric shock	Ask an adult to check that cords and plugs on electrical appliances are in good condition

BATHROOM

SAM will show you some common hazards found in the bathroom and tell you what you can do to help make things safer.

You can be careful yourself in the bathroom and do things like mop up a puddle of water, but your parents or an adult need to keep things safe.

When you are in the bathroom watch out for:

1. Poisons like toilet or bathroom cleaners and medicines
2. Wet or slippery floors
3. Water left in the bath
4. Hot water taps
5. Damaged cords or loose plugs on things like hair dryers or shavers
6. Power points near water

Spot the hazard	Assess the risk	Make the changes
Poisons like toilet and bathroom cleaners and medicines	They could burn your skin or make you very sick if swallowed	They should be put away out of reach or in childproof cupboards
Wet or slippery floors	You could slip and fall over and hurt your head, be bruised or break bones	Mop up water puddles right away and use non-slip mats
Water left in the bath	Young kids can drown	Young kids should never be left alone in the bath and the water should be let out straight away
Hot water taps	You could get bad burns or scalds	Run cold water first Childproof taps and a temperature control on the water heater will make the bathroom safer
Damaged cords or loose plugs on things like hair dryers or shavers	They can cause an electric shock	Don't use appliances with damaged cords or loose plugs Ask an adult to check cords and plugs are in good condition
Power points near water	They can cause an electric shock	Don't use electrical appliances near water and ask an adult to check cords and power points are in good condition